

# PAN-CANADIAN FRAMEWORK FOR PALLIATIVE AND END-OF LIFE CARE RESEARCH

## PRIORITIES FOR RESEARCH FUNDING



### TRANSFORMING MODELS OF CARING

#### *Engaged Communities*

Determine the most effective community-based peer support programs for mobilizing uptake of a compassionate community model of caring across Canada

#### *Early and Integrated Palliative Care*

Create the evidence needed to inform training programs for health and allied professionals in the implementation of an early, integrated palliative approach to care; inform health care administrators on the relative effectiveness, feasibility and economic costs of delivering palliative and end-of-life care in different health care settings, including the home environment

#### *Quality and Access*

Generate the evidence needed to guide the promotion, standardization, implementation and evaluation of optimal models of advance care planning on a regional/national basis



### PATIENT AND FAMILY CENTREDNESS

#### *Quality of Life*

Determine how best to provide adequate and appropriate physical, psychological, social and spiritual support for patients and their caregivers during palliative care, at the end of life, and during the bereavement period, including education, training and practical support for caregivers delivering care at home

#### *Pain and Symptom Management*

Guide the development of improved options for pain and symptom management, including new methods to mitigate the emerging toxicities of experimental cancer therapies

#### *Person-Reported Outcomes*

Provide the evidence needed to promote the continuing development, integration and evaluation of person-reported outcome measures into routine palliative care



### ENSURING EQUITY

#### *Special Populations*

Inform the design of culturally sensitive models of care, tools and educational resources tailored specifically to the unique challenges of special populations, including studies to inform the integration of their needs into the development of mainstream palliative and end-of-life care programs and policy frameworks

#### *Health Disparities*

Identify interventions and models of care tailored to addressing the health inequities experienced by hard to reach populations living at the margins of mainstream society

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## BUILDING BLOCKS FOR RESEARCH

### *Capacity Building*

- Provide sustainable funding in order to retain trainees and young researchers entering the field and ensure viable long-term career paths for researchers and clinician scientists
- Collaborate on programs of research that build the broad multidisciplinary teams required for world-class palliative and end-of-life care research

### *Knowledge, Synthesis, Exchange & Implementation*

- Support implementation science to promote the integration of research findings and evidence-based interventions into palliative and end-of-life care practice and policy
- Support the creation of integrated teams to promote the timely uptake of research into practice and policy and ensure that the research remains relevant to the challenges faced by the whole community

### *Data Access & Standardization*

- Collaborate with others to build a pan-Canadian data strategy for palliative and end-of-life care that includes:
  - establishing infrastructure and process guidelines to facilitate efficient and timely data sharing among provinces into a centralized national or multi-provincial data agency
  - supporting the collection of common person-reported outcomes
  - implementing consistent data collection
  - building consensus on definitions, performance indicators, and outcome measures

### *Research Network*

- Develop a Canadian network for palliative and end-of-life care research that would serve as a clearinghouse for research activities across the country and a resource for the development of research collaborations
- Ensure the network model is responsive to the unique needs of Canada's regions, cultures, and special populations